Orange Blossom Gazette

GFWC LA VERNE-SAN DIMAS WOMAN'S CLUB NEWSLETTER

November 2024 Issue 87

President: Marlene Carney
carney.marlene@gmail.com

Newsletter Editor: Gloria Schaaf
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Every act of kindness sparkles like a star.
Embrace the power of kindness and shine brightly.





CALENDAR OF EVENTS

07 Gab at Miss Donuts and Bagels, 10:00 am
10 Coloring at Jody's House 2:00
16 Hike at Bonelli 10:00
19 Dinner at Costa's Restaurant 6:00
21 General Club meeting 6:30



CALENDAR OF EVENTS

04 Gab at Butter Cafe and Bakery. 10:00
12 Holiday Dinner, Glendora Country Club. 6:30
21 Hike at Bonelli 10:00

EXECUTIVE COMMITTEE 2024 - 2026

President: Marlene Carney
Co-First VP/Dean of Chairmen: Susan Minnihan & Linda Roache
Co-Second VP/Membership: Jody Mentzer & Sonya Whatley
Third VP/Ways & Means: Sue Herrera
Recording Secretary: Barbara Randolph
Treasurer: Cathy Koch
Parliamentarian: Pat Borchard
Corresponding Secretary: Eleonore Burress

MONTHLY CLUB CONTEST

Find the hidden symbol embedded in the monthly newsletter text. Anyone that locates the symbol, should inform Gloria Schaaf at guschaaf@yahoo.com of its location by text message, e-mail or send a picture from your phone no later than the 12th of each month. Those individuals that have correctly located the symbol will be entered into a drawing for a gift card. The drawing will be held during the General Club Meeting and the gift Card presented to the winner.

The symbol to find for November is: 
This will be an ongoing monthly contest with a new symbol each month. Good Luck to all.



PRESIDENT'S MESSAGE:
Marlene Carney

November ushers in the season that is focused on gratitude, reflection and gathering together. It is a month when we are encouraged to shift our focus from what we lack to what we have. The practice of gratitude, backed by psychological research, has been shown to improve mental well-being, reduce stress and increase overall happiness. This is a time to recognize the joys of a warm home, supportive friends, good health as they build resilience and help us find contentment in the present.

This month, I encourage you all to submit a nomination for the Kindness Angel. Even a small act of kindness has such a large impact and should be recognized. Criteria and nomination forms have been emailed to everyone. All nominations must be submitted no later than end of day November 21, 2024. The nominees and recipient will be recognized at the club Holiday Dinner on December 12, 2024.

Giving Tuesday is a global generosity movement unleashing the power of enormous generosity. Giving Tuesday was created in 2012 as a simple idea: a day that encourages people to do good. This year, Giving Tuesday, is Tuesday, December 3, the first Tuesday after Thanksgiving. It is a great way to reflect on our club projects and what a huge positive difference we have all made in so many lives. Celebrate on Giving Tuesday and give an example of how you and the club have contributed this past year. Invite others to join the club and be part of our movement.

I am so grateful to all the club members who give of themselves in volunteering, donating, and participating in our various projects. Thank you to the ladies who donated candy for the San Dimas Spooktacular. And thank you to Jody Mentzer, Mimi Harris, Kathryn Sandoval, and Susan Hope for participating at the event. You put a smile on so many children's faces.

A big shout out goes to Sue Herrera and her stellar event skills in organizing the Bunco & Brew event November 2. The event will have passed by the time you read this newsletter, but it is worth giving accolades to all the sponsors, ticket buyers, volunteers who participated with this event. Fundraising is an important part of what the club does and for the second year, Sue Herrera outdid herself.

Let's celebrate each other. Take a moment this month to celebrate the friendships we have cultivated. The La Verne-San Dimas Woman's Club is a place of shared support where we lift each other up and strengthen our community. During November, let's all aim to carry the gratitude spirit beyond the season. Small gestures like a warm thank you note, a joyful smile, an act of kindness or a moment of reflection can keep gratitude alive all year long.

I am so grateful for each of you and wish you a month filled with warmth, connection, and gratitude. I also wish all of you a safe and Happy Thanksgiving.

Carney.marlene@gmail.com
909-996-6021

PRESIDENT'S AIDE/AMENITIES:
Jennifer Nummelin

Yearbooks are out! They are FREE! They contain valuable information! Please pick up your yearbook at the next meeting.

Jennifer jennummelin@aol.com

CO-FIRST VP/DEAN OF CHAIRMEN:
Susan Minnihan & Linda Roache

Warm and welcoming fall colors. Santa Ana winds keeping us warm but cooler weather is just around the corner. It's pumpkin-flavored everything you can think of season and time for donning that ghoulish costume for Halloween fun! Hard to believe that Thanksgiving is almost here. And we can't forget it's that time of year for (drumroll) writing our annual reports – yay! As you read through this Newsletter, you can see by our chairmen's articles, that we are a busy group and are involved in lots of projects. One way we keep track of what we do is to write reports at the end of the year.

For our newer members, every chairman is responsible to write a report detailing what projects we have done along with an accounting of all hours, money spent and any in-kind donations contributed by our members. It is extremely important to include the impact the project had on our community and/or others. Through our reports, we are recording the "History" of our club and district. This is also a time to "brag" about all we do! Also, if our club is ever asked to prove its 501(C)3 status, our reports will come in handy. These reports are then submitted to our District to be read and perhaps even to win an award, as well as to possibly go on to State for recognition!

So, please remember to record your hours/donations, etc., in the project folders so that our chairmen can accurately record our efforts towards our projects. This needs to be done at our November meeting as our chairmen will be pulling their project sheets at the end of the meeting.

It was fantastic to see such a great turnout at our October meeting and new members joining us. Thank you to our chairmen for their interesting, educational reports on so many important topics at our meeting. Our National Day of Service Food Drive accomplished amazing results for our local food pantries. The creative décor and delish snacks created such a fun mood. We hope to see everyone at our November meeting but if not, we wish you a  Happy Thanksgiving with family and friends.

Susan susanminnihan@aol.com
Linda Roache lgroache@hotmail.comm

CO-SECOND VP/MEMBERSHIP:
Jody Mentzer & Sonya Whatley

It finally feels like fall, a little nippy in the mornings and a certain briskness in the air. We are officially at the beginning of the holiday season. Such a special time to spend with family and friends. I read today that women were not "given" the vote, we fought long and hard for it, so let's be sure to get out and vote.

Kindness Angel – It began as an observance of National Random Acts of Kindness Week. **Each Club is asked to nominate a member who has committed a "Random Act of Kindness."**

A random act of kindness could be taking a member/friend to a meeting or doctor appointment, bring a meal to a sick member/friend, etc. *Do not include information related to number of years in club, how long they have been married, how many children or grandchildren they have. Do not include any club activities or chairmanships they have held.*

To be selected as a nominee…
*The nominee must have been a member of a Foothill District Woman's Club from January 1, 2024, through December 31, 2024
*Only one nominee per club will be considered
*Club's nominee will receive special recognition at the GFWC La Verne-San Dimas Woman's Club Holiday Dinner on December 12, 2024

If you would like to nominate someone for Kindness Angel, please fill out the attached form and bring it to the November 21, 2024 member meeting. The committee members are the Committee Chair, **Pat Borchard**, and those members that were selected as Kindness Angel, Citizen of the Year, and Club member of the Year in 2023. Therefore, the committee is: Kindness Angel (**Barbara Randolph**), Citizen of the Year **(Marina Salcido**), Club member of the Year (**Sue Hererra**) and Committee Chair **Pat Borchard**. The Kindness Angel nominees and awardee will be announced at our December holiday dinner. You can also email your

completed nomination form to: **peb1956@verizon.net or send it via postal mail to: Pat Borchard, Attn: Kindness Angel Committee, 211 Gunsmoke Dr., Diamond Bar, CA. 91765**

We encourage all our members to promote the club and all that we do. We encourage you to tell your friends about the club and invite them to join us. Our combined efforts make a huge difference in the lives of so many and they certainly make a difference in our own lives.

Sonya srwhatley@yahoo.com
Jody foxyjodi@verizon.com

THIRD VP/WAYS & MEANS:
Sue Herrera

Hello Ladies,

Thank you to all who purchased or sold Bunco, gift basket and/or e-bike tickets to assist in our fundraising efforts which allows us to continue our philanthropic projects in the communities in which we live.

We should have final numbers of the total amount raised by our November meeting. If anyone is interested in delivering checks / taking photos (after the holidays) with the agencies that the funds raised are being distributed to please let me know. These photos would be used in our social media.

Our crafts and See's Candy sales continue through December 6th. We raised $100 from craft sales at our October meeting. The crafts will be back at the November meeting for your shopping pleasure. You may also stop by Old Stump Brewing in Pomona on Saturday, November 2nd, from 12:30 to 5:30 p.m. to shop during our Bunco & Brew Fundraiser.

The on-line link for our See's Candy shop is:

https://www.yumraising.com/secure/gfwclvd_gfwc_la_verne__san_dimas_womans_club83/SusBOS7743/candy

Please consider asking friends and family to order their holiday gifts through our store front to get them delivered directly to their recipients and help our philanthropic projects at the same time.

To any members, especially our newest members, who have an interest in forming a fundraising committee with me, I could REALLY use the help. Reach out to me anytime!

Sue sue.bosek@cvspm.com

TREASURER: Cathy Koch

Attention all Program Chairs and Project Leads!

As you're probably already aware, we now have a Zelle account through US Bank. You may have monies directly deposited into our account for fundraisers, memberships, raffles, etc. Just be sure the reason for payment is indicated.

You may use the email or QR code shown below.
Cathy granniepurpyl@gmail.com

lvsdwczelle@gmail.com

Zelle®

> Chairmen Chats <<

ADVOCATES FOR CHILDREN: Susan Hope

A big thank you to all that generously donated candy for the Trunk or Treat event! The kids were adorable in their costumes and so were the volunteers! Jody, and the new members, Donna, Mimi and Kathi, did a fantastic job!



Susan foster.hope@verizon.net



Marilyn Marie Cruz

My GFWC Webinar Overview of Advocates for Children Week October 20-26. Internet Crimes Against Children was founded in 1998. Today there are sweeps and arrests being conducted on individuals producing or using child porn. The problem is that there are more criminals than law enforcement officers. Children are now being scanned into a database that allows their information to be shared within minutes of being reported missing. It's called Body Armor and there are also EZ ID kits located throughout the states. The organization is also providing educational information to prevent violations against children. This information is being sent to schools, churches, Boy Scouts, Girl Scouts, and others to help through awareness and limit and bring an end to child trafficking.

There is a new app called Deputy that goes on a child's phone. National Center of Missing and Exploited Children is involved so that photos that a child discovers can be reported and removed quickly from the Internet. This center is trying organizations that are willing to help to end trafficking. New things are being developed all the time!

Here's something new... a video game called ROBLOX. It's very dangerous and predators are playing also! So, help is needed and of course more donations are needed also!

marilyncruz1@msn.com

CIVIC ENGAGEMENT & OUTREACH:
Jennifer Nummelin &
Candy Miller

It may be fall, but together we rise. In case you were in awe of the stats from the National Day of Service food drive, I wanted to take this opportunity to put them in your cart and run them by you one more time. At Albertson's, on September 28th, we collected an estimated 600 lbs. of food and dry goods, filling 115 bags/boxes to the brim, with a value of $3,795. All of that in 6 hours of bringing out the best in customers who recognize they can make a difference for individuals and families who experience food insecurity. Sowing Seeds and Shepherds Pantry were so happy!

Excellent work, Ladies



Food banks have an ongoing need - food, diapers, and pet food— please consider those less fortunate who have experienced a crisis, and if you donate to them, record it in the project book.

It's that time of year, please go through your closets to identify which coats and jackets no longer fit, are no longer worn, etc. Donate them to Burlington Coat Factory, and they will clean, repair, and redistribute back into the local community, to schools, colleges, shelters, etc. *do you really need 5 coats, in So Cal???

You can take them, directly, OR bring to Jennifer at the next club meeting, and she will deliver them to Burlington.

Our annual Holiday Card Signing takes place at the November Meeting. I have over 300 (blank) holiday cards, or you can bring some of your own. This project directly benefits those isolated in nursing homes, board and care facilities, etc., as they seldom receive a greeting card. A few of us will deliver them, at the end of November.

Jennifer jennummelin@aol.com
Candy candysnrg@verizon.net

DOMESTIC VIOLENCE & SEXUAL ASSAULT AWARENESS & PREVENTION:
Marina Salcido

Happy holiday season ladies,

We have various on-going projects you can participate in all year long. Crossroads accepts gently used women's clothes and shoes. Your donations will help women released from incarceration transition back into society. Donations can be delivered to 1269 Harvard Avenue in Claremont and placed in the driveway in front of the big red shed doors. Don't forget to write a note that donations were made by LV/SD Women's Club.

House of Ruth has a wish list of items in need for women and children who are victims of domestic violence. If you are interested in donating and would like a copy of the wish list, please message Marina at dirt4us4@yahoo.com. You may drop off items at 599 N. Main Street in Pomona.

Shirley Vanderbeck will be collecting cellphones at our monthly meetings. Verizon will clean all data and set them to only make 911 calls. All cell phones are given to shelters who will distribute cell phones to victims of domestic violence.

Help me give you the proper credit for all the fantastic work you do to support our programs. Please log in your time, monetary value, and in-kind donations in project folders.

Marina dirt4us4@yahoo.com

ENVIRONMENT:
Chairman Marina Salcido

Happy November all,

Are you all ready for fall? I am certainly ready for hot apple cider, pumpkin spice and everything fall, including our weather.

November 15th is America Recycles day. We can all participate in this worthy project to protect our environment by increasing our recycling efforts. We can help our environment and help our local school by recycling plastic bottles and aluminum cans. You can take your bottles and cans to a recycling center and give your donation to our club treasurer Cathy Koch. Your donations will be forwarded to Bonita High School Band to help purchase equipment and uniforms.

Thank you to those members who bring your own beverage cup to our monthly meetings. This small act helps reduce Styrofoam waste in our local landfill.

For all our new members. I will be passing around the collection box for Penny Pines at our November meeting. The monies collected will be used for reforestation efforts in the burn areas of our local San Bernardino Forest.

We will continue accepting any gently used towels and bedding for Inland Valley Humane Society. You can bring them to our meeting or contact Jennifer Nummelin.

If you have any questions, please contact Marina at (626) 643-0912 or come talk to me at our next meeting.

Marina dirt4us4@yahoo.com

HEALTH & WELLNESS: Gloria Schaaf

I'm highlighting a few of the "health holidays" of November to promote wellness habits, encourage health screenings, and support improved research and outcomes for personal and public health issues. Health Observances Matter because they raise awareness to educate people about the symptoms and causes of health conditions as well as preventive measures. These special days empower people to act toward better health, whether that is getting a check-up or adopting a healthier lifestyle. Here's a breakdown of the November awareness campaigns and health observances to keep in mind in the coming weeks:

Alzheimer's Disease Awareness
National Stomach and Lung Cancer Awareness
National Diabetes

Remember, wellness is a lifelong journey, and observing November's health advisories is just one step to a healthier you.

Gloria guschaaf@yahoo.com

SOCIAL COMMITTEE:
Jennifer Nummelin

October 19, 2024, Lunch at the Enchanted Rose Tea Parlour





Marina Salcido, dressed to the Nines and looking great



Club Sunday Funday. A beautiful walk around Puddingstone Lake (Bonelli Park Hike) on 10/27/2024, then Lunch. The next one is scheduled for Saturday, November 16th. Come join the fun.

Upcoming Events Info.:

NOVEMBER

Thurs 07th, Gab at Miss Donuts and Bagels, 10:00 a.m. Address is 2082 Bonita Ave., L.V. by D Street. We will gab across the street, at the little park area, so bring a chair.
Sun 10th, Coloring at Jody's house. 2:00 p.m. bring your own coloring supplies, or use ours (some of us have a bit of a 'problem' of having too many coloring supplies!).
Sat 16th, Hike at Bonelli, 10 a.m. Meet at the pkg lot of Norm's Hangar, at the airport.
Tues 19th, Dinner at Costa's restaurant. 6:00 p.m. Address is 851 E. San Bernardino Rd., in Covina. Near Grand Ave.

December

Wed 04th, Gab at Butter Cafe and Bakery. 10:00 a.m. Address is 671 E. Bonita Ave., San Dimas. Near San Dimas Canyon Road.
Thurs 12th, Holiday Dinner, Glendora Country Club. 6:30 p.m. $48., payable to LVSD CLUB. Your RSVP is due December 01st. Sign-up sheet is at the mtg.
Sat 21st, Hike at Bonelli, 10:00 a.m. Meet at the pkg lot of Norm's Hangar, at the airport.

* If anyone wants to get together for additional dates, over the holidays, send out an email. Some of us are isolated, some have huge families. This is the time of year to check in on one another!! Even a coffee gab or shopping is fun.

Jennifer jennummelin@aol.com

WOMEN'S HISTORY: Sue Herrera

As we continue collecting our U.S. Women's History quarters, thank you to Sonya Whatley for presenting a short bio on Anna May Wong, the first Chinese-American film star.

At the October meeting, a few of you gave me quarters that we still needed: Jovita Idar which completed the 2023 series for us and Rev. Dr. Pauli Murray which started the 2024 series for us. If you handed me a quarter at the October meeting and would like to do a presentation on one of these two important women in U.S. History at the November meeting, please let me know.

Keep checking those quarters for any we may need which are:

Celia Cruz
Zitkala-Sa

Sue sue.bosek@cvspm.com

>> On-going Projects <<



I will be collecting homemade (knitted, crocheted, sewn) beanies, scarves, & pillow cases to be donated to the Foster Family Agencies in our area. This is an ongoing project. Please bring whatever you're donating to each meeting & I'll get them where they need to go. (And please keep keep track of money & time spent.) Thank you!

Cathy Koch granniepurpyl@gmail.com



Every meeting I collect eyeglasses (broken or not), eyeglass cases, old cell phones, and pop tops from cans of soda, soup, dog & cat food, etc. Bring them and I will collect them. Pop tops go to support the Ronald McDonald House; eyeglasses and cases go to Eye-DAS to support the blind; and old cell phones are erased and reprogrammed with 9-1-1 and given to the Battered Women's Shelters.

Thanks in part to your contributions, the USO has enough condiment packets for now. We can start saving again after the first of the year.

Shirley Vanderbeck legalrabb@aol.com



Cups for Corky is our on-going Environment project. Those getting started early on your Spring cleaning can make room on those shelves by donating your gently used cups to Corky's. The Cups for Corky's basket will be on the stage at our monthly meetings.

Everyone can help reduce the waste in our landfill by bringing your own cup to each meeting.

Gayle klasiccat@gmail.com
Marina dirt4us4@yahoo.com

Secret Sisters:

At the Holiday Party you will be divulging who you are to your secret sister. We will draw new names at the January Meeting.

Now is a good time to check on how much you spent, and the time you spent shopping.

Secret Sister is an on-going project, and I will need those totals for reporting. I will need the figures by the end of November so you can estimate your cost and time for December.

Tami club1270deventer@yahoo.com

Happy Anniversary

Nine Years – 11\2015
Charter Member

Roache, Linda

1 Year – 11/2023

Vilma Ayala
Olivia Cardenas
Sheree Cervantes
Susan Hope
Sharon Keehne
Malissa Radigan



Happy Birthday

Pat Borchard – 11/7
Tiffany Burgoyne – 11/10
Shirley Vanderbeck – 11/16
Linda Koontz – 11/23
Marilyn Marie Cruz – 11/24
Jody Mentzer – 11/28
Gloria Schaaf – 11/30

INSTAGRAM: @gfwclvsd
FACEBOOK: gfwclaverne-sandimas
WEBSITE: lvsd.org

GFWC La Verne-San Dimas Woman's Club
2024 Kindness Angel of the Year

NOMINATION FORM

_____

Is an Angel

I appreciate this Club member because….

La Verne-San Dimas Woman's Club

November 2024

October '24						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

December '24						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

January '25						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7 Pat Borchard- Happy Birthday Gab at Miss Donuts and Bagels 10:00:00 AM	8	9
10 Tiffany Burgoyne - Happy Birthday coloring at Jody's House 2:00	11 Veterans Day	12	13	14	15	16 Shirley Vanderbeck - Happy Birthday Hike at Bonelli 10:00
17	18	19 Dinner at Costa's 6:00 	20	21 General Club Meeting 6:30 Socializing 7:00 Meeting	22	23 Happy Birthday  Linda Koontz
24 Happy Birthday  Marilyn Marie Cruz	25	26	27	28 Jody Mentzer - Happy Birthday 	29	30 Happy Birthday  Gloria Schaaf
		Notes				