

Orange Blossom Gazette

GFWC LA VERNE-SAN DIMAS WOMAN'S CLUB NEWSLETTER

February 2024 Issue 79

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Newsletter Editor: Cathy Koch granniepurpyl@gmail.com

May the Spirit of Nature Fulfill Your Spirit of Volunteering. Every Moment Counts.







CALENDAR

OF

EVENTS

3 Drum Circle, 3 pm 6 Dinner, Angela's Kitchen, 6 pm 8 EC Meeting 12 Gab, Broken Yolk, 10 am 14 Valentine's Day 15 General Meeting, 7 pm 16 Game Night, Jody's, 6 pm 24 Hike, Big Dalton Cnyn., 10 am

PRESIDENT'S MESSAGE: Tami Miller

It's Valentine's Day this month. Be sure to share your love. There are a lot of other special events this month.

It's Black History Month, Heart Health Month, Take a child to the Library (be sure to check out the children's section at the San Dimas Library), National Freedom Day, National Pizza Day, World Marriage Day, National Umbrella Day, National Clean out your Computer Day, Abraham Lincoln and

EXECUTIVE COMMITTEE 2022 - 2024

President: Tami Miller Co-First VP/Dean of Chairmen: Susan Minnihan & Linda Roache Co-Second VP/Membership: Marlene Carney & Gloria Schaaf Third VP/Ways & Means: Sue Herrera Recording Secretary: Barbara Randolph Treasurer: Kathy Castle Parliamentarian: Pat Borchard Corresponding Secretary: Jennifer Nummelin

George Washington Birthdays. And my favorite, National Bathtub Day on the 10th.

National Self Check Month, National Library Lover's Month, and Chinese Lunar New Year Celebration.

Here's a challenge: Bring evidence to the next meeting of how you celebrated any of the above holidays. Whoever has the most will win a prize.

Wearing red to the next meeting will count for one celebration.





Be sure you bring your nomination form for Member of the Year, and Citizen of the Year. This is a great way to recognize our members. Although you all do so much, it's hard to pick out one member, but your input is important.

Tami <u>Club1270Deventer@yahoo.com</u> 909 596-4084



PRESIDENT'S AIDE/AMENITIES: Jennifer Nummelin

Greetings everyone! Hopefully your New Year is starting out well. Have you already lost the incentive in New Years' Resolutions?!?! Not to worry, you can always re-energize and get back to those goals. I hope everyone received their Yearbook? I have more copies, if you missed it. Contains lots of Club information.

Jennifer jennummelin@aol.com

CO-FIRST VP/DEAN OF CHAIRMEN: Susan Minnihan & Linda Roache

We're already in the second month of 2024 – hard to believe! We all should be fully recuperated from all the holidays; decorations all put away and our thoughts focused on the year ahead!

But to look back at 2023 for a moment, at our January General meeting Susan reported the Club stats for 2023 which was an impressive 101 Projects, 8,751 volunteer hours, Dollars Donated \$1,948.00 and In-Kind Donations of \$22,203.00. We all

should be very proud of these numbers and accomplishments!

This year-end Statistical Report is required to be submitted to the Foothill District which in turn is sent to the State. It's important that we report these numbers as accurately as possible. So, just a reminder and for our newer members to know, when recording in the Project Books the "In-Kind" and "Dollar" columns might be a little confusing. But just keep in mind that "In-Kind" reflects the value of something donated. The "Dollar" amount is the actual money amount donated. An email will be sent out soon with further clarification and an attachment list of suggested dollar amounts that you could use to access values of items donated.

So, as 2024 gets into full swing, we are looking forward to working on lots of projects! We have on-going projects as well as new ones, such as the Chemo packages for the City of Hope In-Fusion patients. Just check out below the various articles submitted by our chairmen to see what interests you and where you can get involved. And, if anyone is interested in learning more about what it would entail to be a chairman, we will be happy to let you know; just ask us! We are currently in need of a chairman for Arts & Culture and Health & Wellness. Both are easy chairmanships and would be a great way to get to know members as well as get more involved!

Looking forward to seeing everyone at our February meeting.

Susan <u>susanminnihan@aol.com</u> Linda Roache <u>lgroache@hotmail.com</u>

CO-SECOND VP/MEMBERSHIP: Marlene Carney & Gloria Schaaf

February is the month dedicated to expressing love and affection to those closest to our hearts, when people





exchange tokens of love, affectionate messages, and acts of kindness with their loved ones. Whether it's romantic love, friendship, or familial bonds, it's an opportunity to express appreciation for the special people that have made a positive difference in our lives.

We are now accepting nominations for Citizen of the Year Award and Club Member of the Year Award both are due on or before March 21, 2024. The completed nomination form(s) should be sent to either Marlene Carney, Gloria Schaaf, or brought to the March 21, 2024, General Club meeting (Nomination Forms attached).

The Club Member of the Year honors a member that has gone above and beyond in participating with the club during 2023. Nominees must have been a member of our club for one year. Categories of activities should include only local club activities and how they have participated with various projects and events.

The Citizen of the Year Award is given to a club member who has demonstrated personal excellence as a volunteer with community and organizational activities outside of the club, and commitment to their family such as care of adult and child family members. The nominee should be one of those extraordinary individuals who find time to serve those in the community. Nominees must have been a member of the club for one year and accomplishments reported should cover activities during 2023.

Members who joined on March 21, 2023, or prior are eligible to be nominated. Self-nominations are accepted.

MEMBERSHIP RENEWAL is also approaching in March. Annual dues for Club members shall be \$39 per member (effective 2023), payable to the Club Treasurer no later than the March meeting.

An email regarding membership renewals will be forthcoming.

As always, we encourage you to spread the word of our club and invite prospective members to the upcoming March meeting. The months between January and April are the months to recruit new members and we want to keep growing the membership. As we grow, the LVSD Woman's Club and our contributions are becoming more visible to the communities. Let's continue to grow; the more hands and voices we have, the more we can accomplish.

Marlene <u>carney.marlene@gmail.com</u>
Gloria <u>guschaff@vahoo.com</u>

THIRD VP/WAYS & MEANS: Sue Herrera

Happy New Year, ladies!

We've kicked off the new year with an exciting raffle for a two-night, double-occupancy stay at the gorgeous Tuscan-winery themed Westlake Village Inn!

This top rated resort offers three restaurants, an elegant spa, two sparkling pools, a mini working vineyard, a fun night club, complimentary bicycles, cozy rooms - some with fireplaces and enormous spa tubs - and its situated next to a beautiful golf course.

Tickets are only \$5 each and proceeds will go towards supporting the La Verne K9 Police Foundation, as well as Inland Valley Humane Society. Both of these non-profits require a tremendous amount of funds to support our communities and we are there to help!

I've provided each member just five tickets to sell to family, friends, or even yourself. With each club member's participation, we





will reach our goal of \$1,000; more than doable for two very important causes.

Ticket stubs and monies will be due to me no later than Thursday, March 21st at 6:30 p.m. at our General Meeting and the drawing will take place one hour later.

We can do this, ladies! Thank you for your help.

Sue sue.bosek@cvspm.com 714-501-6208

PARLIAMENTARIAN: Pat Borchard

The nominating committee met and contacted members in preparing the slate of officers. The election will occur at our March 21 meeting. Nominations can be accepted from the floor at that time, as well.

The following slate has been developed:
President: Marlene Carney
Co-1st Vice President(s)-Dean of Chairmen:
Susan Minnihan and Linda Roache
2nd Vice President-Membership: Gayle
Garcia*

Gayle is willing to co this position
3rd Vice President-Ways & Means: Sue
Herrera

Recording Secretary: Barbara Randolph

Treasurer: Cathy Koch

Corresponding Secretary and Parliamentarian are appointed by the President.

Thank you Cathy and Shirley for serving on this committee.

Pat peb1956@verizon.net

CORRESPONDING SECRETARY: <u>Jennifer Nummelin</u>

Throughout the year, we collaborate with numerous agencies, organizations, other Clubs, etc., in community events and fundraisers. If you would like a recognition letter or a thank you on Club letterhead sent out, let me know.

Jennifer jennummelin@aol.com

>> Chairmen Chats <<

ADVOCATES FOR CHILDREN: Chairman Sue Herrera

A huge thank you to Annmarie Miller, CEO of Project One Cause, for speaking at January's general meeting. What an informative way to kick off our new year! For more information on their non-profit, please visit ProjectOneCause.org.

As a reminder, if you can whip up a boxed cake mix, frost it with canned frosting, throw on some sprinkles, and deliver the cake to a pre-designated facility, then you may want to head over to ForGoodnessCakes.org, sign up as a volunteer baker, take their 30-minute on-line food safety course, and then check the calendar (L.A. Co., Orange Co. or the Inland Empire) to pick and choose an at-risk child to bake a much-needed birthday cake for.

Many of these children come from situations such as human trafficking, sexual and/or physical abuse, drug addicted and neglectful parents, and abandonment; some may even never have had a birthday cake in their lives, something we all take for granted.

If you sign up, please write your time and in-kind cost on the project sheet in the Advocates for Children section of the project book at the general meetings so I can report our volunteer hours at the end of the year.

I promise, you will have such a full heart after your first bake!
Sue sue.bosek@cvspm.com 714-501-6208





I will be collecting homemade (knitted, crocheted, sewn) beanies,

scarves, & pillow cases to be donated to the Foster Family

Agencies in our area. This is an ongoing project. Please bring whatever you're donating to each meeting & I'll get them where they need to go. (And please keep track of money & time spent.) Thank you!

Cathy Koch granniepurpyl@gmail.com

Shot@Life is one of our projects because we know how important immunizing millions of children against polio, measles pneumonia, rotavirus and COVID-19 can be for those without means/access to these life-saving vaccines. Supporters of this global effort are Gavi, the Vaccine Alliance, UNICEF, the CDC, USAID and WHO. A free online training session is scheduled for February 7 at 12:30 p.m. Eastern time, and March 19 at 4:00 p.m. Eastern time. You can email: info@shotatlife.org for more information. I have already signed support on our behalf.

Barbara roddyrandolph@yahoo.com

CIVIC ENGAGEMENT & OUTREACH: Chairmen Jennifer Nummelin & Candy Miller

Maybe you have a change in schedule and are interested in volunteering more time/energy. Check out the Civic Engagement project list. Some projects are a one-time event, like National Night Out, or the Wine Walk, or Paws for Pets fundraiser. Others are ongoing. We can use your input. If you have any questions as to what those projects are all about, email Candy or myself, or see the Project descriptions list in our Yearbook.

Jennifer jennummelin@aol.com

I am collecting used blankets & towels for the Humane Society. This is an *ongoing project* & donations may be given to me at any meeting, or text me (626 201-7375) & I'll pick them up at your home.

Jennifer jennummelin@aol.com

DOMESTIC VIOLENCE & SEXUAL ASSAULT AWARENESS & PREVENTION: Chairman Marina Salcido

Happy February, all! The first Freedom Bag workday of 2024 will take place on Saturday, February 10, 2024, at 9:00 a.m. Volunteers will assemble backpacks for victims of human trafficking at Purpose Church located at 586 N. Main Street, Pomona. Room H102.

A friendly reminder to all members that received domestic violence hotline decals. Please continue to work on getting your decals placed.

Marina dirt4us4@yahoo.com

ENVIRONMENT: Chairman Marina Salcido

Welcome to the our new members. There are four on-going environmental projects that you can participate in all year long.

Penny Pines - Every other month our club passes around a Penny Pines box. All proceeds of the monies collected are used to purchase tree plantations to help replenish San Bernrdino's National Forest in a reforestation effort.

Bring Your Own Cup - You can help to reduce waste in our landfills by bringing your own cup to our meetings for your beverage.

Cups For Corky - Bring your gently used cups to club meetings for Corky's restaurant.





Recycling Cans/Plastic Bottles - Members collect aluminum cans and plastic bottles then take them to the recycling center. All monies are donated to Bonita High School Band.

Marina dirt4us4@yahoo.com



Coats & jackets needed!
I am collecting gently used coats & jackets - kids & adults sizes - throughout the year, & I deliver them to Burlington Coat Factory.
They clean & repair them,

then redistribute to the homeless, college students, Veterans, & shelters in the area. This is an *ongoing project* & donations may be given to me at any meeting, or text me (626 201-7375) & I'll pick them up at your home.

Jennifer jennummelin@aol.com

<u>HEALTH & WELLNESS: LINDA ROACHE</u> (CHAIRMAN - OPEN)

Ladies, February is "Heart Health Month!"
We are requesting the members show their support by wearing red to our February
General Meeting. Raffle tickets will be given to those participating and the lucky winner will receive a prize. This fits in with our "Valentines themed appreciation to our sponsors" get-together as well!

Linda Roache <u>Igroache@hotmail.com</u>

SOCIAL COMMITTEE:

<u>Chairmen Jennifer Nummelin & Gayle Garcia</u>

Upcoming Events Info.:

<u>February</u>

- 3, Sat. Drum Circle, Claremont Center for Spirituality, <u>509 S. College Ave.</u>, E. of Indian Hill, S. of Arrow. Park behind the bldg. Free. Instruments provided, or bring your own. 3:00 p.m.
- 6, Tues. Dinner at Angela's Kitchen, <u>130</u> <u>E. Bonita Ave., San Dimas</u>. E. of San Dimas Ave. 6:00 p.m.
- 12, Mon. Gab at Broken Yolk, <u>2488 Foothill</u> <u>Blvd., La Verne</u>. W. of Town Center. 10:00 a.m.
- 16, Fri. Game Night at Jody's home, 713 Gaillard, La Verne. E. Of San Dimas Cyn. Rd. 6:00 p.m. Free.
- 24, Sat. Hike at Big Dalton Canyon. Free. Probably lunch afterward. Easy walk. 10:00 a.m.

<u>March</u>

- 2, Sat. Drum Circle, Claremont Center for Spirituality, 509 S. College Ave. Park behind the bldg. Free. Instruments provided, or bring your own. 3:00 p.m.
- 6, Wed. Lunch at Elvira's Grill, in Claremont. 415 Foothill Blvd. W. of Indian Hill Blvd., by Trader Joe's. 11:00 a.m.
- 16, Sat. Hike at Bonelli. Meet at pkg lot, at Norm's Hangar/restaurant, Bracket Airfield. Free. Probably lunch afterward. 10:00 a.m.
- 24, Sun. Easter Egg dying. Free. Bring your own hard boiled eggs and decor supplies. 2:00 p.m. **





28, Thurs. - Gab at Twisted Sage Cafe, in San Dimas. 433 Foothill Blvd., E. of Walnut. 10:00 a.m.

**We need a host for the Easter Egg dying! Let Jennifer know if you can host, plz!

***Remember, we have two bowling teams, Tuesdays at 10 a.m., and Fridays at noon—cheerleaders needed! Chapparal Lanes is in San Dimas, and we have snacks!

Jennifer jennummelin@aol.com Gayle klassiccat@gmail.com EventsRUs

Sisterhood
By Carolyn Riker

A sacred circle of Women joyfully gather to Exchange and transcend Share and respect Centuries of divine feminine wisdom Imparted A synergy formed The gift of trust Created and cherished Linked with fluid steps Sustained in an exquisite vessel The love is felt and exchanged A tenacious tapestry Infinite Resilient Courageous Our hearts tenderly held in sisterhood of love.

Vilma

Every meeting I collect eyeglasses (broken or not), eyeglass cases, old cell phones, and pop tops from cans of soda, soup, dog & cat food, etc. Bring them and I will collect them. Pop tops go to support the Ronald McDonald House; eyeglasses and cases go to Eye-DAS to support the blind; and old cell phones are erased and reprogrammed with 9-1-1 and given to the Battered Women's Shelters.

Shirley Vanderbeck legalrabb@aol.com



2/2 Gayle Ann Garcia2/2 Susan Hope2/6 Jenel Izaguirre

2/18 Dian Moravek

2/17 Olivia Cardenas



INSTAGRAM: @gfwclvsd

FACEBOOK: gfwclaverne-sandimas

WEBSITE: lvsd.org



