Orange Blossom Gazette

GFWC LA VERNE-SAN DIMAS WOMAN'S CLUB NEWSLETTER

December 2024 Issue 88

President: Marlene Carney
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Newsletter Editor: Gloria Schaaf
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Every act of kindness sparkles like a star.
Embrace the power of kindness and shine brightly.





CALENDAR OF EVENTS

04 Gab at Butter Cafe, 10:00 am
12 Holiday Party at Glendora Country Club, 6:30 p.m.
21 Hike at Bonelli 10:00



CALENDAR OF EVENTS

09 Gab at French Press, 10 a.m.
21 Dinner at Warehouse Pizza, 6 p.m.
Ax Throwing – Date TBD

EXECUTIVE COMMITTEE
2024 - 2026

President: Marlene Carney
Co-First VP/Dean of Chairmen: Susan Minnihan & Linda Roache
Co-Second VP/Membership: Jody Mentzer & Sonya Whatley
Third VP/Ways & Means: Sue Herrera
Recording Secretary: Barbara Randolph
Treasurer: Cathy Koch
Parliamentarian: Pat Borchard
Corresponding Secretary: Eleonore Burress

MONTHLY CLUB CONTEST

Find the hidden symbol embedded in the monthly newsletter text. Anyone that locates the symbol, should inform Gloria Schaaf at guschaaf@yahoo.com of its location by text message, e-mail or send a picture from your phone. This month only, submit your finding no later than the December 10th. Those individuals that have correctly located the symbol will be entered into a drawing for a gift card to be held during the Holiday Party on December 12th and a gift card will be presented to the winner.

The symbol to find for December is: 
This will be an ongoing monthly contest with a new symbol each month. Good Luck to all.



PRESIDENT'S MESSAGE:
Marlene Carney

December is upon us and the joy of the holiday season is in full swing. I hope everyone had a lovely Thanksgiving. The holiday season is always a good time to be grateful for all we have and to celebrate friendship and family.

I wish to thank Susan Minnihan and Linda Roache for doing a great job with the Chairman's report writing training and helping us all figure out what we need to do for our end of the year reports. I want to extend a huge thank you to our Executive Committee, the project chairs and all our members who participated and volunteered during the year. You made a positive difference in the communities we serve and all those who are in need. That is what we are all about. That is why we are the Best of La Verne Service Club – 2024, 2023, 2022.

I look forward to our Holiday Dinner on December 12 at the Glendora Country Club. We will have a full house as we celebrate the holidays and a successful year. We will have minimal business to conduct as we will be having our Initiation Ceremony for our newest members. We have had a record year and a big thank you goes out to Jody Mentzer and Sonya Whatley for doing a stellar job at recruiting new members. During the evening, we will learn the identity of our "Secret Sister." This is always a fun project that we will continue in 2025, and we encourage all our members to participate.

Another highlight of the Holiday Dinner is the recognition of our "Kindness Angel". This is a member who demonstrated an act of kindness during 2024. The evening will include door prizes, raffle prizes and some fun desserts prepared by some of our members. And of course, the Country Club always does a great job. I want to extend a huge thank you to Jennifer Nummelin, Linda Roache and Cathy Koch for organizing the Holiday Dinner and its activities. And a huge thank you goes out to Sue Herrera for the work she put into a very successful Bunco and Brew as well as her efforts in securing so many raffle prizes, some of which will be given out at the Holiday Dinner. As always it will be a very fun evening, and the goal is to have fun and enjoy.

I close with this thought. Time and love are the greatest gifts we can give and receive. During this holiday season, let's sparkle like the stars we are and show kindness, give of ourselves, call a friend, engage with family, spend time with someone that may be going through a tough time, celebrate, and breathe in the season so that the joy of the season stays with you throughout 2025. Thank you so much for being such a loving and giving club.

Carney.marlene@gmail.com
909-996-6021

PRESIDENT'S AIDE/AMENITIES:
Jennifer Nummelin

Yearbooks are available— let me know if you need one!!

Jennifer jennummelin@aol.com

CO-FIRST VP/DEAN OF CHAIRMEN:
Susan Minnihan & Linda Roache

Hopefully everyone enjoyed a wonderful Thanksgiving holiday with friends and family! But now here it is, the month of December with all the decorating, shopping, and hustle and bustle that it brings! The cooler weather seems to have arrived also which contributes to our wanting to dig out our special holiday recipes, bake Christmas cookies and other special treats for all the holiday celebrations that are ahead. I've noticed that every year the festivities seem to start earlier and earlier.

But, with that, we are still at work regarding club activities. Even though there might be a little slow down with projects to participate in, your chairmen are busy accumulating the hours of time, in-kind donations, and monetary donations for each of their projects under their Program. I hope that you have been able to record your hours and donations you have given over this year so that this can be done as accurately as possible.

For our newer members, every year our chairmen write a year-end report which is turned in to us for review. Each report is then turned into our District. In turn, our District sends them to the State. It's reviewed and recorded and perhaps might even be recognized with an award. It is a way for us to be validated as a 501(3)C non-profit organization. It is also a way for us to keep track of what we do as well as to provide a history of our Club.

We do not hold a General Meeting in December, instead we have our Holiday Dinner on December 12th. I know I will see most of our members there, since we reached full capacity for the room booked at the Glendora Country Club. We look forward to seeing you all there where we can celebrate together this special time of year.

Happy Holidays!

Susan susanminnihan@aol.com
Linda Roache lgroache@hotmail.comm

CO-SECOND VP/MEMBERSHIP:
Jody Mentzer & Sonya Whatley

The season of Joy, Cheer, Peace, and family get togethers is upon us. For many there is gift giving, watching grandchildren as they experience the joys of Christmas as only a child can, seeing relatives we have not seen in a while, and the fantastic Christmas dinners that leave us stuffed and lethargic.

I know that we are all looking forward to the wonderful Christmas dinner at the Glendora Country Club. We hope you have all bought your tickets. An early thank you Jennifer for all the hard work you put into making this event a special evening. We are looking forward to initiating ten new members at the Christmas dinner. Three of these ladies became members at the November meeting. They were all referred by members. Norma Ferrales came with her sister the night Sylvia Gandara became a member. She lives in Lakewood but decided she would like to join her sister in contributing to others and enjoying our social activities. She is retired and belongs to her local civic chorus, to a book club and playing Mah Jong. Norma has two children. Donna Velosa was referred by Sonya Whatley. She is an external affairs sustainability manger. Donna wants to serve her community. She has two children and four grandchildren. She loves to travel, football and is a self-proclaimed foodie. Brenda Eaton was invited to come to our November 21st, meeting by Cathy Koch. She joined that same night. She is recently retired from Camarillo Charter School where she taught middle school. Brenda is interested in getting involved with the community. She has two children and enjoys reading, gardening, and taking easy hikes.

Our members are personifying our goal of building the membership and promoting the value of belonging to this fabulous club focused on helping the community and having fun at the same time. I encourage all the membership to do the same. Tell your friends about the club and invite them to join us. Our combined efforts make a huge difference in the lives of so many and make a difference in our own lives.

Sue Herrera does a marvelous job of maintaining our social presence and we have gotten several new members due to her effort. Esther Garza-Maloney presented a very succinct and compelling message at the November meeting regarding our social presence. She did an excellent job of letting us know the importance of all members visiting the Facebook and Instagram sights regularly and the value of liking and commenting on posts. This will greatly improve our visibility and show prospective members our club in an appealing light so people will want to learn more. A very big thank you Sue for your work keeping these sites up to date. Many members don't realize the effort and work this requires. Please start regularly signing onto these sites and commenting. Thank you, Esther, for addressing the membership to encourage member participation.

May your holidays sparkle with joy and laughter. We wish you peace, love, and joy today, tomorrow, and always.

Sonya srwhatley@yahoo.com
Jody foxyjodi@verizon.com

THIRD VP/WAYS & MEANS:
Sue Herrera

Happy holiday season ladies! With the hugely successful Bunco & Brew Fundraiser behind us (we brought in $4,444 for our philanthropic projects!), it's time to keep thinking ahead.

The on-line See's Candy Fundraiser is on-going until December 6th; this is a no-stress way to raise funds for our club by simply providing all your friends and family the link that has been emailed to you and ask them to shop away! Each box is delivered by See's to the recipients' addresses. Easy peasy! There have been less than a handful of members who have participated, so we'd like to see more activity in the next few days if you're so inclined to purchase delicious See's for your Christmas and Hannukah celebrations and gift-giving.

After the holidays are over, the tree has been stored away, the lights taken down and the stockings put away, many of us feel a little down and blah with not much to look forward to until the warmer months. I've got a solution for that! On Saturday, January 25th, 4:00 to 6:00 p.m. at Total Wine, 826 W. Arrow Hwy. in San Dimas (Trader Joes/Target shopping center), we'll be hosting a "Taste of Italy Wine Tasting Fundraiser event". Some of you may have already signed up at the November General Membership Meeting, but if you, a friend or a family member would like to attend, the cost is $15 per person payable by personal check to GFWC La Verne-San Dimas Woman's club, Zelle at LVSDWCZelle@gmail.com or PayPal at LVSDWC@gmail.com to be received by January 24th (please make a notation the $15 is for the wine tasting fundraiser) AND A STORE-BOUGHT OR HOMEMADE APPETIZER of your choice (think Italian!) brought to the event. I have 20 seats available total.

Merry Christmas!

Sue sue.bosek@cvspm.com

> Chairmen Chats <<

CIVIC ENGAGEMENT & OUTREACH:
Jennifer Nummelin &
Candy Miller

Once again, your compassion shines! Many thanks for all the assistance in signing 400 holiday cards, which will be delivered the first week of December to a dozen convalescent/retirement homes, and board and care facilities. 250 were signed at the November meeting, and over 150 were signed and delivered to me, recently.

Jennifer jennummelin@aol.com
Candy candysnrg@verizon.net

DOMESTIC VIOLENCE & SEXUAL ASSAULT AWARENESS & PREVENTION:
Marina Salcido

I would like to wish everyone a happy holiday season. I hope you have a wonderful time with family and friends. Just a reminder that we have various on-going projects that can help you clear out any of your old items and make room for the new. Crossroads accepts gently used women's clothes and shoes. Your donations will help women released from incarceration transition back into society. Donations can be delivered to 1269 Harvard Avenue in Claremont and placed in the driveway in front of the big red shed doors. Don't forget to write a note that donations were made by LV/SD Women's Club. Please note that House of Ruth is not equipped to take in used items unless it has been arranged through their outreach personnel. House of Ruth does have a wish list of items in need for women and children who are victims of domestic violence. If you are interested in donating and would like a copy of the wish list, please message Marina at dirt4us4@yahoo.com. You may drop off those wish list items at 599 N. Main Street in Pomona. Shirley Vanderbeck will be collecting cellphones at our monthly meetings. Verizon will clean all data and set them to only make 911 calls. All cell phones are given to shelters who will distribute cell phones to victims of domestic violence. Help me give you the proper credit for all the fantastic work you do to support our programs by logging in your time, monetary, and in-kind donations in project folders.

Marina dirt4us4@yahoo.com

ENVIRONMENT:
Chairman Marina Salcido

Happy Holidays,

I hope you all had a great Thanksgiving with your family and friends. December will be a busy month for most of us. Please remember that you can still participate in our environmental

projects all year long at your own pace. Just set those extra cups for Corky in a small box aside and bring them to our January meeting. Every plastic bottle or aluminum can collected will help our environment and help our local school by taking them to a recycling center and give your donation to our club treasurer Cathy Koch. Your donations will be forwarded to Bonita High School Band to help purchase equipment and uniforms. Thank you to all our members who have been bringing your own beverage cup to our monthly meetings. You are assisting in the reduction of Styrofoam waste in our local landfill. We will continue accepting any gently used towels and bedding for Inland Valley Humane Society. Your donations will help keep many animals warm this, Winter. You can bring them to our meeting or contact Jennifer Nummelin. If you have any questions, please contact Marina at (626) 643-0912 or come talk to me at our next meeting if you have any ideas of how we can help our environment.

Marina dirt4us4@yahoo.com

HEALTH & WELLNESS: Gloria Schaaf

December can be a wonderful time for celebrating special days, gathering with friends, and snuggling up by the fire. However, as the temperatures drop and the sun makes less of an appearance, we may begin to feel a decreased sense of wellness. More frequent colds, sluggish energy, and winter blues are all very common to experience in the winter months. Here are a few tips:

1. Get more Vitamin D

You can find Vitamin D in egg yolks, salmon, sardines, and even mushrooms. This essential nutrient plays a role in the immune, bone, and mental health.

2. Focus on Hydration

When it gets colder it is easy to forget about drinking water, but it is still important to stay hydrated. Water helps regulate our body temperature which is essential for winter time

3. Try consuming more Root Vegetables

Root veggies like carrots, sweet potatoes, parsnips, and onions. These vegetables contain the essential nutrients like potassium, zinc, and vitamin C that we need during cold months.

4. Keep up with Activity

Staying active during darker months is a great way to keep your mental and physical health in top shape. Try for at least 30 minutes of any activity a day to keep your body moving.

Gloria guschaaf@yahoo.com

SOCIAL COMMITTEE:
Jennifer Nummelin

Upcoming Events Info.: 

Over the past year, we participated in numerous activities. From coloring parties and game nights, to Easter egg dyeing and drum circles, touring the Maloof Gardens and the Walker House, and so many lunches and dinner get togethers. *We like food* If you have ideas for future events, email me.

December:
Wed 04th—Gab at Butter Cafe, 10 a.m. 671 E. Bonita St., S.D.
Thurs 12th— Holiday Party at Glendora Country Club, 6:30 p.m. WE HIT CAPACITY!!!
Sat 21st— Hike at Bonelli. Meet in the pkg lot of The Hangar restaurant, 10 a.m. *I will check the weather, the day prior. We usually go to lunch, afterward.

January:
Thurs 09th— Gab at French Press, 10 a.m. 3836 Emerald Ave., L.V.
Tues 21st— Dinner at Warehouse Pizza, 6 p.m. 2340 D Street, L.V.
Date TBD Ax Throwing (yes really) at Axem Ax Throwing 420 Azusa Ave., West Covina

Jennifer jennummelin@aol.com

>> On-going Projects <<

 I will be collecting homemade (knitted, crocheted, sewn) beanies, scarves, & pillow cases to be donated to the Foster Family Agencies in our area. This is an ongoing project. Please bring whatever you're donating to each meeting & I'll get them where they need to go. (And please keep track of money & time spent.) Thank you!

Cathy Koch granniepurpyl@gmail.com



I am collecting used blankets & towels for the Humane Society. This is an *ongoing project* & donations may be given to me at any meeting, or text me (626 201-7375) & I'll pick them up at your home.

Jennifer jennummelin@aol.com



Every meeting I collect eyeglasses (broken or not), eyeglass cases, old cell phones, and pop tops from cans of soda, soup, dog & cat food, etc. Bring them and I will collect them. Pop tops go to support the Ronald McDonald House; eyeglasses and cases go to Eye-DAS to support the blind; and old cell phones are erased and reprogrammed with 9-1-1 and given to the Battered Women's Shelters.

Thanks in part to your contributions, the USO has enough condiment packets for now. We can start saving again after the first of the year.

Shirley Vanderbeck legalrabb@aol.com



Cups for Corky is our on-going Environment project. Those getting started early on your Spring cleaning can make room on those shelves by donating your gently used cups to Corky's. The Cups for Corky's basket will be on the stage at our monthly meetings.

Everyone can help reduce the waste in our landfill by bringing your own cup to each meeting.

Marina dirt4us4@yahoo.com

Recycling bottles and cans is a good way to save our resources and support the Bonita High School Band. Your recycling donation will help Bonita High School Band pay for uniforms, instruments, equipment, and other essentials. Contact Gayle Garcia for your donations.

Gayle klasiccat@gmail.com
Marina dirt4us4@yahoo.com



Happy Birthday

Malissa Radigan – 12/1
Wendy Clark-Paolini – 12/18
Senator Susan Rubio – 12/25
Marina Salcido – 12/28

INSTAGRAM: @gfwclvsd
FACEBOOK: gfwclaverne-sandimas
WEBSITE: lvsd.org

La Verne-San Dimas Woman's Club

December 2024

November '24						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
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January '25						
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February '25						
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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Happy Birthday  Malissa Radigan	2	3	4 Gab at Butter Cafe 10:00:00 a.m	5	6	7 Pearl Harbor
8	9	10	11	12 Holiday Party at Glendora Country Club 6:30 p.m	13	14
15	16	17	18 Happy Birthday  Wendy Clark Paolini	19	20	21 Dec. Solstice (GMT) Hike at Bonelli 10:00 a.m 
22	23	24 Christmas Eve 	25 Christmas Day Hanukkah begins  Happy B-Day Susan Rubio	26 Kwanzaa begins 	27	28 Happy Birthday  Marina Salcido
29	30	31 				
		Notes			Calendar Templates by Vertex42.com https://www.vertex42.com/calendars/ © 2022 Vertex42 LC. Free to print. 2024 Calendars 2025 Calendars	

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