Orange Blossom Gazette

GFWC LA VERNE-SAN DIMAS WOMAN'S CLUB NEWSLETTER

September 2024 Issue 85

President: Marlene Carney
carney.marlene@gmail.com

Newsletter Editor: Gloria Schaaf
guschaaf@yahoo.com

Every act of kindness sparkles like a star.
Embrace the power of kindness and shine brightly.



CALENDAR OF EVENTS

Thursday 9/5 – Dinner at Warehouse Pizza

Wednesday 9/11 – Gab at French Press

Saturday 9/14 – Freedom Bag Project

Wednesday 9/19 – General Club Meeting

Saturday 9/28 – National Day of Service Food Drive

EXECUTIVE COMMITTEE 2024 - 2026

President: Marlene Carney

Co-First VP/Dean of Chairmen:
Susan Minnihan & Linda Roache

Co-Second VP/Membership:
Jody Mentzer & Sonya Whatley

Third VP/Ways & Means: Sue Herrera

Recording Secretary: Barbara Randolph

Treasurer: Cathy Koch

Parliamentarian: Pat Borchard

Corresponding Secretary: Eleonore Burress

MONTHLY CLUB CONTEST:

Find the hidden symbol embedded in the monthly newsletter text. **See page 12 for details**



PRESIDENT'S MESSAGE:
Marlene Carney

Welcome to September and maybe some cooler weather. I hope everyone had a wonderful summer with friends, family, and some travel. In June my husband and I went to our granddaughter's wedding and had a great time with my daughter, son-in-law and our 7 grandchildren (some are adults now) and 3 great grandchildren. We are awaiting a fourth great grandchild in December. The joy of family is never ending. Hold them close.

Congratulations to the club for being voted the Best of La Verne 2024 Service Club for the third year in a row. Ladies, we rock! In addition, we were involved in several projects during the summer like

- Participated in the July 4th Parade with a fun float designed by Joe and Marina Salcido
- Collected school supplies for the La Verne Police Department National Nite Out
- Conducted a successful food drive at Stater Bros La Verne focused on children and hunger insecurity,
- Published a "Summer Edition" newsletter that featured some of the highlighted events that our members participated in. Thank you to Gloria Schaaf for being a creative and talented editor.

Club members also enjoyed several social events such as ice cream socials at the homes of Gayle Garcia and Jody Mentzer. There were the lunches and gab meetups that always help us build friendships and camaraderie. Thank you to Jennifer Nummelin for organizing these events.

I'm looking forward to a year filled with positive vibes and energy as we continue to serve our communities and those in need. Our Executive Board and Program Chairs are hitting the ground running filled with lots of enthusiasm for projects and activities this term. Sue Minnihan and Linda Roach, our 1st Co-VPs conducted an excellent Chairman Workshop meeting which provided great information and good ideas. Mark your calendar for the fabulous Second Annual "Bunco and Brew" Fundraiser to be held on Saturday, November 2 at Old Stump Brewery Company in Pomona/La Verne. Tickets go on sale Oct 2. I encourage all members to participate and embrace the joy of volunteering and making a positive difference in so many lives.

Looking forward to a fabulous term where we all sparkle like stars. If you want to chat, have ideas you want to share, please feel free to call me at 909-996-6021 or email me at carney.marlene@gmail.com

In the meantime, embrace kindness and shine brightly.

PRESIDENT'S AIDE/AMENITIES:
Jennifer Nummelin

Greetings! We all had a nice summer, taking some time off to relax, travel, etc., and are (hopefully) energized, back to work. Club projects are in full swing, now, and there is a lot going on. We ALL help each other, right? So, reach out to a new member, introduce yourself, and offer information, etc. It builds camaraderie, and benefits our Club, which in turn benefits our communities.

Jennifer jennummelin@aol.com

CO-FIRST VP/DEAN OF CHAIRMEN:
Susan Minnihan & Linda Roache

Where did the summer go? One minute, club members were enjoying our June meeting and now, here we are, coming into September already. Although we had no club meetings during the summer months, our club members remained busy travelling, participating in volunteer opportunities, creating holiday crafts @ our "Cocktails & Crafting" events to sell at our upcoming Bunco & Brew fundraiser and thanks to our social events coordinator Jennifer Nummelin, we enjoyed several social outings. Fall Season will be arriving, ushering in Harvest festivals, Halloween, Thanksgiving, and gatherings with family and friends. We're looking forward to an exciting new year, welcoming our new members, participating in various community projects, and fun social events.

Look for further announcements in this Newsletter, under Chairmen Chats, to note what our wonderful, hard-working chairs are planning as our Club year begins. Please know that both our program chairs and project leaders oversee those projects, but it is up to all our members to help where they can and to participate. Please consider signing up or reaching out to help, either by joining a committee, participating in a project, or assisting a project leader. Volunteering in this capacity is a great way for members to become more involved and get to know other members at the same time. If there's something that interests you, or if there's something you think would be of interest for our Club to participate in, contact the respective Chair who's over the program related to your interest (or us if unsure who to contact).

Linda and I hosted a chairman meeting in August, wherein we received some great recommendations and suggestions from our chairmen. We will be implementing a new procedure as to ease of accessing project sheets for time/donation recording by members at our meetings. Stay tuned for further info…….

We're looking forward to seeing you all in September!

Susan susanminnihan@aol.com Linda Roache lgroache@hotmail.com

CO-SECOND VP/MEMBERSHIP:
Jody Mentzer & Sonya Whatley

For many, September marks the end of summer and all its fun activities. Although we did not meet formally, the club had lots of fun social activities such as ice cream socials, coloring, coffee get togethers, lunches, etc. We also participated in charitable activities such as food drives and stuffing backpacks.

The end of summer marks the beginning of the fall season, which brings kids back to school, football, festivals, Halloween, Thanksgiving, and many opportunities for family gatherings. The fall season also starts the time of year that many individuals start feeling lonely and depressed. It is the perfect time for Club members to spread the word of GFWC and recruit potential new members. If you see someone at work that eats lunch alone, the neighbor you say hello to but you never see leave the house, a recent retiree looking for a new purpose, the person who has lost their spouse/partner, the parent whose kids live too far away or can't visit very often, the person you see walking the neighborhood every day, or the person you see at the store on a regular basis; these could all be potential club members, if they only knew we existed. Take a moment to hand them a brochure and talk to them about how we help the community, how much fun we have, and how we are like sisters and help and support each other. Invite them to come to one of our meetings or offer to bring them. Spreading the word of how much joy and satisfaction belonging to GFWC can bring to our lives is a big step in helping our club membership grow.

Speaking of new members, we have added three since June. Several of them saw us in the 4th of July parade and requested information on line. Sofia Bauer joined us in June, she has been quite active this summer and many of us have already met her; Marilyn Cruz also joined in June. Jennifer Stone joined in July; her mother has been a member of GFWC since the 1980's. Jennifer had volunteered in many organizations while her sons were in school and now is looking for a new organization to work with and volunteer her time. Donna Fuller also joined in July. She heard about our club at the bowling alley and has been bowling with several of our ladies this Summer.

Let's make sure we all make an effort to meet these ladies and welcome them to our club.
We have also sent information to nine other ladies and hope to see them at our next meeting

Here's a quote we hope you'll appreciate:

"*There is something so special in the early leaves drifting from the trees – as if we are all allowed a chance to peel, to refresh, to start again*." Ruth Ahmed

Sonya srwhatley@yahoo.com Jody foxyjodi@verizon.net

THIRD VP/WAYS & MEANS:
Sue Herrera

Happy fall, ladies!

In case you didn't hear, our 2nd annual Bunco & Brew Fundraiser is scheduled for November 2nd from noon to 6:30 p.m. at the Old Stump Brewing Co. in Pomona.

Several weeks ago, I requested that members let me know where they would like some of our proceeds to go: Freedom Bags, City of Hope Chemo Care Packages, House of Ruth, LeRoy Haynes Family of Programs, Shepherd's Pantry and Sowing Seeds were the majority so we will use those funds to help these deserving non-profits!

The two crafting events we held resulted in eleven dozen ornaments / gift decorations, like the Grinch shown here, to sell at the Bunco & Brew event as part of our fundraising efforts. Both events created wonderful camaraderie and assisted in building stronger sisterhood bonds. Thank you sincerely to those who helped make them! The September 7th crafting event will be canceled due to lack of interest/ability to attend and the remaining supplies will be kept in storage until we next need them.



Please look for the Bunco & Brew event volunteer sign-up sheet on the back table at the September meeting. We will need quite a bit of help to make this year's event as memorable for our guests and as fruitful for the charities we support as last year's.

If you absolutely cannot help that day, please consider encouraging your friends and family to purchase tickets. Just $25 gets them entry to the event, a swag bag, snacks, one complimentary craft beer, craft hard seltzer, water or soft drink, access to LOTS of fun raffle prizes, including an electric bike valued at $1,200 and a two-hour wine class for up to 20 guests valued at $600, access to shop our hand-made holiday gifts table and two to three rounds of Bunco with EPIC prizes for Most Buncos, Most Wins and Most Losses. If they attend the second

session, there is live music that begins just one hour after that session ends. Sofia has volunteered to sell tickets beginning October 1st so you'll contact her directly.

If you graciously, maybe apprehensively, volunteered to contact a few local businesses for donations, thank you sincerely. I will need those items delivered to me no later than September 30th, please.

Sue sue.bosek@cvspm.com

>> Chairmen Chats <<

ADVOCATES FOR CHILDREN: Susan Hope

Jody Mentzer, Marilyn Caldwell, and I have been busy planning for the San Dimas community Trunk or Treat Spooktacular. It takes place October 19th at City Hall. A sign-up sheet will be available at our September meeting for those who love to wear your favorite costume and pass out treats to the children in their darling Halloween disguises! We will also be collecting candy during the September and October meetings.

A shout out to all those who participated in Shoes that Fit - it was such a successful event. A heartfelt thanks to all of you that filled the multitude of backpacks with shoes, socks, and school supplies!

Susan foster.hope@verizon.net

ARTS & CULTURE: Tami Miller:

Contests are coming! Are you ready to represent our club with a winning Certificate. Submittals are just around the corner. First, 2nd, 3rd and Special Mention Certificates will be awarded. All items need to be completed in 2024.

Our club has had many winners in the past years, Jen Nummerlin, Eleonore Burgess, Shirley Vanderbeck, and myself. Let's do it again this year.

Here are some of the Categories:

Photograph and painting, 8x10 in size mounted on 8x10 mount board. Subject matter: Our World Up Close, Nature wonders and Reflections.

Writing: Short stories, 2000 words, Poetry, min length 8 lines, maximum 50 lines.

Crafts: Knitting, crocheting, sewing, quilting and woodwork items

Foothill District is waiting for CFWC Yearbook to finalize some of the criteria. If you are interested in any of these areas, please let me know and will follow up with you on submittal dates.

Youth Categories in all the above mentioned –

Kindergarten - 2nd Grade.
Third to Fifth Grade
Sixth to Eighth Grade
Ninth - Twelfth Grade

Tami club1270deventer@yahoo.com

CIVIC ENGAGEMENT & OUTREACH:

Jennifer Nummelin &
Candy Miller

Welcome back ladies. I hope you had a great summer, stored a lot of energy and enthusiasm and you're ready to rock 'n' roll. Civic engagement is looking forward to a number of fun and rewarding projects. I hope you're ready to wet your appetite for volunteering since that's one of the reasons why we're here. ☆On September 28, we just happen to be having a food drive as part of the GFWC National Day of Service. We will be encouraging customers of the Albertson's in San Dimas to donate food that will be shared with Sowing Seeds for Life and Shepherd's Pantry. There just happens to be a few vacant spots and I know you probably just forgot to sign up. (A survey says that's one of the side effects of having too much downtime...as if there were such a thing.) The cure is to email me and signup for a two-hour volunteer shift that passes faster than fingernail's screeching on a chalkboard. The shifts that are available are 9-11am, 11-1, and 1-3. I know you can't resist and I look forward to hearing from you. National Day of Service is again, focused on food insecurity. Please see Candy, for volunteer information.

Winter is coming! *Not that you'd know it, with our crazy weather* Please go through your closets and donate those coats you don't need, to give to Burlington Coats Store, in November. They clean, repair, and distribute the coats out into the local community, shelters, schools, etc.

Some of us are collecting (new) Christmas cards. We will sign them at the November Mtg, and deliver to local Convalescent homes, in early December. We all have a few cards left over from years prior. This is a good way to use them, and bring a smile to someone in isolation.

Jennifer jennummelin@aol.com Candy candysnrg@verizon.net

DOMESTIC VIOLENCE & SEXUAL ASSAULT AWARENESS & PREVENTION:
Marina Salcido

Happy September, I hope everyone had a nice summer break. Eleonore Burress recently e-mailed a suggested item list requested by House of Ruth. Your donations will go towards a good cause to help support victims of domestic violence. Donations can be dropped off at 599 N. Main Street in Pomona or you can contact Eleonore at rodeonut@gmail.com for pick up.

Crossroads is accepting donations of gently used women's clothes and shoes. Your donation will help women released from incarceration transition back into society. Donations can be dropped off at 1269 Harvard Avenue in Claremont. Please label your donation with La Verne/San Dimas Women's Club.

Shirley Vanderbeck is collecting old cell phones. Cell phones are cleared and given to victims of domestic violence for emergency call use. You can bring your used cell phones to our monthly meetings.

Please record all your time, in-kind and money donated to any domestic violence project.

Marina dirt4us4@yahoo.com

HEALTH & WELLNESS: Gloria Schaaf

Health refers to a state where the physical body is free from disease, while wellness refers to an overall balance of a person's physical, social, spiritual, emotional, intellectual, environmental, and occupational well-being.

Ladies, we need to take care of ourselves, here are some easy Health and Wellness tips to incorporate into our daily lives:

Exercise
Drink water regularly (stay Hydrated)
Minimize your sugar intake
Relax (Read books, do crafts, garden, etc.)
Get enough sleep
Eat more fresh fruit and vegetables
Sign-up and Volunteer for our upcoming projects – I assure you; it is very fulfilling knowing your time and energy is helping others

Gloria guschaaf@yahoo.com

LEGISLATION & PUBLIC POLICY:

Barbara Randolph

We are a nonpartisan organization, but we do advocate for policies that align with adopted GFWC/CFWC resolutions. Together we have accomplished much.

The GFWC Legislation Action Center educates us and calls us to action by sending out updates on legislation that GFWC supports. Our current legislative efforts include ANTI-TRAFFICKING and ONLINE CHILD SAFETY.

Do visit our website if this is an area of interest and you would like to contact your legislator. Thank you

Barbara roddyrandolph@yahoo.com

SOCIAL COMMITTEE:

Jennifer Nummelin

Upcoming Events Info.:

Over the summer, we got together multiple times, for meals, gab sessions, local concerts in the park, an ice cream social, a coloring party, and several hands-on projects. It keeps us in touch, and keeps us out of trouble (you know who you are!).
Please email your ideas for future social events to me… if left to my own devices, who knows where we'll go!



Ax throwing, anyone??

Upcoming dates

Thurs Sept 05th, Dinner at Warehouse Pizza, La Verne. 6:00 p.m.
Wed Sept 11th, Gab at French Press. 3836 Emerald Ave., La Verne. 10:00 a.m.
Sat Sept 14th, Freedom Bags project, Purpose Church, 586 N. Main St., Pomona. 9:00 a.m.
Sat Sept 28th, National Day of Service Food Drive, Albertson's, San Dimas
Wed Oct 09th, Gab at Railside Cafe, San Dimas. 10:00 a.m. 322 S. San Dimas Ave, San Dimas.
Sat. Oct. 19th, Tea luncheon at Enchanted Rose, San Dimas. 11:00 a.m. Cost is $23 $$money due at Sept club mtg. Check made payable to LVSD Woman's Club. Limit of 14 people.
Sat Oct 26th, Area B Conference at Yanks Air Museum, Chino. 10-2 Cost is $40. *Pat's Email of July 29th has registration form and more info.
Sun. Oct 27th, Hike at Bonelli, 10:00 a.m. meet in pkg lot at Norm's Hangar Airport restaurant. We usually go to lunch, afterward.

And finally, the Holiday party is set for Thursday, December 12th!! Details to follow.

Jennifer jennummelin@aol.com

WOMEN'S HISTORY: Sue Herrera

Hi Ladies,

I hope you had a relaxing summer. Don't forget, we're still collecting the U.S. Mint Women in History Coins. If you found any over the last couple of months, let me know what you have, I'll let you know if it's needed for our collection and then you (or I) can make a short presentation on that woman of history at the September meeting.

Sue sue.bosek@cvspm.com

>> On-going Projects <<

Project: Advocates for Children



I will be collecting homemade (knitted, crocheted, sewn) beanies, scarves, & pillow cases to be donated to the Foster Family Agencies in our area. This is an ongoing project. Please bring whatever you're donating to each meeting & I'll get them to where they need to go. (And please keep track of money & time spent.) Thank you!

Project Lead: Cathy Koch granniepurpyl@gmail.com

Project: Environment

Welcome back, I hope you had a nice Summer. September is here and it is time to get back to doing our part to care for our environment. You can start right away by bringing your own cup to our September meeting. This simple task can significantly impact our environment in a positive way.



I will be collecting cups for Corky at our September meeting. A basket will be labeled and placed on the stage for your donations.

Marina Salcido dirt4us4@yahoo.com



If any member collected and recycled aluminum can or plastic bottles during the summer, please take them to the recycling center for cash redemption and forward the funds to our club treasurer, Cathy Koch. The funds will be donated to the Bonita High School Band to help purchase equipment and uniforms



Collection of old towels and blankets is accepted all year long. You can bring them to our monthly meeting or contact Jennifer Nummelin for a drop-off location.

Project Lead: Jennifer Nummelin jennummelin@aol.com

Please remember to record all your time, in-kind donation, and any money donated to any environment project.

Marina Salcido dirt4us4@yahoo.com

Project: Civic Engagement & Outreach



Coats & jackets needed!

I am collecting gently used coats & jackets - kids & adults' sizes - throughout the year, & I deliver them to Burlington Coat Factory. They clean & repair them, then redistribute to the homeless, college students, Veterans, & shelters in the area. This is an *ongoing project* & donations may be given to me at any meeting, or send me a message & I'll pick them up at your home.

Project Lead: Jennifer Nummelin jennummelin@aol.com

Project: Health & Wellness & Domestic Violence & Sexual Assault Awareness & Prevention:



Every meeting I collect old cell phones that are erased and reprogrammed with 9-1-1 and given to the Battered Women's Shelters; pop tops for the Ronald McDonald House; eye glasses and eye glass cases (broken or not) for the Eye-DAS blind project, and

condiment packets of mayo, hot sauce, mustard, etc., from fast food places to be given to the USO. Please estimate the “In-Kind” value

Project Lead: Shirley Vanderbeck legalrabb@aol.com

MONTHLY CLUB CONTEST

Find the hidden symbol embedded in the monthly newsletter text. Anyone that locates the symbol, should inform Gloria Schaaf at guschaaf@yahoo.com of its location by text message, e-mail or send a picture from your phone no later than the 10th of each month. Those individuals that have correctly located the symbol will be entered into a drawing for a gift card. The drawing will be held during the General Club Meeting and the gift Card presented to the winner.

The symbol to find for September is: ☆

This will be an ongoing monthly contest with a new symbol each month. Good Luck to all.

Happy Anniversary

Nine Years - 9/2015

Charter Members
Eleonore Burress
Tami Miller
Barbara Randolph
Shirley Vanderbeck

6 Years - 9/2018
Cathy Castle
Rachelle Killackey

4 years - 9/2021
Jenel Izaguirre
Cathy Koch

3 years – 9/2022
Jody Mentzer

1 year – 9/2023
Tiffany Burgoyne
Christi Joanou



No September Birthdays





GFWC
est. 1890
GENERAL FEDERATION OF WOMEN'S CLUBS

2024 NATIONAL DAY OF SERVICE

FOOD INSECURITY & HUNGER

SEPTEMBER 28, 2024
9AM - 3PM

FOOD DRIVE

GFWC LA VERNE-SAN DIMAS WOMAN'S CLUB

Club members will be at a local grocery store collecting food and donations to benefit food pantries in the region

MEETING/DROP-OFF LOCATION - 9AM-3PM

Albertson's
220 E Bonita Ave, San Dimas, CA 91773

ITEMS NEEDED
(non-perishable items)

- Canned/dried prepared foods - tuna, beans, soup, vegetables
- Pasta, rice
- Dried cereal, peanut butter, snacks, granola bars
- $$$ to purchase food

For More Information : lvsdwomansclub91750@gmail.com www.lvsd.org

We did it!

1ST PLACE

BEST SERVICE CLUB

2024



La Verne-San Dimas Woman's Club

September 2024

August '24						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

October '24						
S	M	T	W	T	F	S
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6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

November '24						
S	M	T	W	T	F	S
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3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Labor Day	3	4	5 Dinner at Warehouse Pizza 6:00 pm	6	7
8 Grandparents Day	9	10	11 Patriot Day Gab at French Press 10:00 AM	12	13	14 Freedom Bags Project 9:00 AM
15	16	17 Constitution Day	18	19 General Club Meeting 6:30 PM	20	21
22 Autumnal equinox (GMT)	23	24	25	26	27	28 Nat'l Day of Service Food Drive
29	30					
		Notes				